

# GO 4 FUN ONLINE

**FREE**

**Program for children to become fitter, healthier and happier**



## **Help your 7-13 year old child get healthy, active and happy with Go4Fun Online.**

Go4Fun Online is a free 10 week healthy lifestyle program for children aged 7-13 years who are above a healthy weight, and their families.

There are 10 online sessions and a weekly phone call from a trained coach to help keep you on track. Get involved and start collecting weekly tokens and prizes!



**TO REGISTER: FREE CALL**

**1800 780 900**

**GO4FUN.COM.AU**

sms 0409 745 645 for a call back

SHPN (OPH) 190116

